

Manhood and healthier identities

No
Charge

Everyone should be free to explore and develop who they are without the pressure of conforming to traditional masculine stereotypes.

Traditional ideas about being a man have contributed to men's high rates of suicide, depression and anxiety as well as violence against women.

Join us for a workshop by Jesuit Social Services' - The Men's Project - to learn about the 'Man Box' and how to break free from harmful masculine stereotypes.

Everyone welcome!

 **Wednesday 7 December 2022, 6-8.30pm**

 **Visy Cares Hub, 80B Harvester Rd, Sunshine**

Light refreshments will be provided

To register:

<https://www.trybooking.com/CDRMV>

